



PHAISIT TRAKULKONGSMUT, M.D.

✚ SAMITIVEJ SUKHUMVIT

Specialties

- Preventive Medicine
Lifestyle Medicine
- Preventive Medicine
Lifestyle Medicine

Languages  ENGLISH
 THAI

EDUCATIONS

2024

Preventive Medicine
Lifestyle Medicine The
Medical Council of
Thailand

2023

Certificate in
Plant-Based Nutrition T.
Colin Campbell Center
for
Nutrition Studies Cornell
Universty.

2016

The Master Degree of
Science in Clinical and
Public Health Nutrition
(Distinction). UCL
Division of Medicine,
London.

2016

Clinical Fellow in
Nutrition. UCL Division
of Medicine, Royal Free
Hospital, London.

2013

Certificate in Biology of
The Skin, Addenbrooke's
Hospital. University of
Cambridge.

2011

American Board of
Anti-Aging and
Regenerative Medicine.
Chicago, Illinois.

2010

Master of Science in
Anti-Aging and
Regenerative Medicine
(Distinction), Mae Fah
Luang University. School
of Medicine, Mae Fah
Luang University

2006

Bachelor's Degree Doctor
of Medicine
มหาวิทยาลัยสงขลานครินทร์

The First Class Honours
Medical Degree, Faculty
of Medicine, Prince of
Songkla University.
Faculty of Medicine
Prince of Songkla
University

International Board of
Lifestyle Medicine (IBLM)

SCHEDULE

* This schedule is valid from 10 July 2025 - 10 August 2025

DATE	TIME	CENTER	LOCATION
WED	08:00 - 12:00	Life Center	SAMITIVEJ SUKHUMVIT

LIFESTYLES



Writing



Fitness



Cooking



Planting

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